

CARERS' CHAMPION NEWSLETTER

MARCH 2011

Many thanks for all your contributions to this month's newsletter – we hope you find it useful and informative.

Numbers on your Carers Register

Please can all Carers' Champions make every effort to increase the numbers on their practice Carers Register.

It is likely that Health Checks will be offered to all Carers during Carers Week in June. However, they will need to be identified on your register to benefit from this offer because otherwise we do not know who they are. We currently have only 4,000 carers of a potential 55,000 in Somerset identified, so please add one new carer a day or week before June!

Dying Matters Awareness Week

This year sees the return of the Dying Matters Awareness Week from 16 to 22 May. Details of this, plus various other events are given in the attached newsletter from Dying Matters sent out by the Marie Curie Delivering Choice Programme.

Dates for your Diary

Dying Matters awareness week - 16th – 22nd May

Carers Week – 13th -19th June 2011

Photos



Here are a couple of photos of the great carers display, including leaflet stand, at Crown Medical Centre that have been sent in by Amy Bonner. They have 'carers packs' free at reception for all carers and this is advertised on their colourful display.



How about putting details on your information screen like Kirsty Clifford at Springmead Surgery in Chard?

'Caring for Carers' Open Morning

Kevin Davenport, Chairman of Lyngford Park Surgery Patients Participation Group, has arranged an open morning with the theme 'Caring For Carers', at the surgery from 10.00am until 12.30pm on Saturday 14th May.

They have arranged specialist information from a number of different organisations and hope to have various experts available to advise and assist carers.

People will be welcomed with or without any connection with the surgery as the idea is to try to help carers, rather than to win new patients from other practices!

Kevin has generously invited Carers Champions along to come and see what they are doing at Lyngford Park Surgery to support Carers. For more info he can be contacted on 01823 413628.

Carers Matter, Everybody's Business

Skills for Care and Skills for Health have produced **Carers Matter - Everybody's Business**, guidance to help employers and organisations support carers better through learning and development of staff.

The guidance is based on a set of **Common** Core Principles for Working with Carers that were developed in consultation with carers, people working directly with carers, and interested parties across health, social care and other key sectors.

A good starting point is to look at the powerpoint presentation under Level 1, Activity 1 – very useful if you are presenting to your team.

This guidance would also be useful your practice manager as we all know carers exist in all workplaces.

Follow the link below:

http://www.skillsforcare.org.uk/developing_skills/carersmattereverybodysbusiness/carers_matter_everybodys_business.aspx

CSW Contact Information

Further to our CSW update in the January newsletter, Bridget Phare has provided us with a final list of CSW contact information which you will find below.

CARERS SUPPORT WORKERS: UPDATED CONTACT INFORMATION

AREA	Name	Address	Phone	MOBILE	FAX	Email
MENDIP						
Frome Area	Tessa Frayling	Public Offices Christchurch Street West Frome BA11 1EF	01373 461162	07775221310	01373 455111	TFrayling@somerset.gov.uk
Glastonbury/Street	Nicola Munnings	Adult Social Care 2 Orchard Court The Archers Way Glastonbury BA6 9LD	01458 831668	07917837482	01458 837300	NMunnings@somerset.gov.uk
Shepton/Wells	Christine Sitko	Adult Social Care 2 Orchard Court The Archers Way Glastonbury BA6 9LD	01458 837323	07917837480		CSitko@somerset.gov.uk
SEDGEMOOR AND WEST SOMERSET						
Bridgwater	Wendy Preston	Taunton Road Medical Centre Taunton Road Bridgwater TA6 3LS	01278 426408			WXPreston@somerset.gov.uk

Highbridge	Rachel Edwards	Highbridge Medical Centre Pepperal Road Highbridge TA9 3YA	01278 793729			RXEdwards@somerset.gov.uk
Sedgemoor and West Somerset	Fran Macbean (Senior CSW)	Highbridge Medical Centre Pepperal Road Highbridge TA9 3YA	01278 793729			FMacbean@somerset.gov.uk
West Somerset	Pat Hughes	Irnham Lodge Surgery Townsend Road Minehead TA24 5RG	01643 707997			PHughes@somerset.gov.uk
SOUTH SOMERSET						
Ilminster	Pat Hughes (Interim arrangement)	Irnham Lodge Surgery Townsend Road Minehead TA24 5RG	01643 707997			PHughes@somerset.gov.uk
Langport	Michael D'Agostino (Interim Measure)	Adult Social Care C2 County Hall Taunton TA1 4DY	01823 357915		01823 358095	MD'Agostino@somerset.gov.uk

AREA	Name	Address	Phone	MOBILE	FAX	Email
Yeovil	Chrissie Cook and Jodie Spearing (Interim Measure)	Adult Social Care Maltravers House Petters Way Yeovil Somerset BA20 1SP	01935 422111	07917837515 (Jodie) 07917837516 (Chrissie)	01935 432515	JSpearing@somerset.gov.uk CMCook@somerset.gov.uk
CHARD	Jodie Spearing	Adult Social Care Maltravers House Petters Way Yeovil Somerset BA20 1SP	01935 422111	07917837515 (Jodie)	01935 432515	JSpearing@somerset.gov.uk 01935 422111
Wincanton	Chrissie Cook	Adult Social Care Maltravers House Petters Way Yeovil Somerset BA20 1SP	01963 422111	07917837516	01935 432515	CMCOOK@SOMERSET.GOV.UK
Somerton	Nicola Munnings	Adult Social Care 2 Orchard Court The Archers Way Glastonbury	01458 837323	07917837482	01458 837300	NMUNNINGS@SOMERSET.GOV.UK

AREA	Name	Address	Phone	MOBILE	FAX	Email
TAUNTON						
Taunton	Trudi Rockett	Adult Social Care C2, County Hall Taunton TA1 4DY	01823 357915		01823 358095	TRockett@somerset.gov.uk
Taunton	Michael D'Agostino	Adult Social Care C2, County Hall Taunton TA1 4DY	01823 357925		01823 358095	MD'Agostino@somerset.gov.uk
Wellington	Marlene Ridgway	Wellington ASC and covering MPH	01823 669715			MRidgway@somerset.gov.uk

The following diagram has been extracted from a presentation made by Allan Johnston of Carers Direct on the Carers Direct phone support service

How a call works



Phone call starts – *what do you need to be considered a carer?*

Caller and her husband look after his mother who is 93

Mother lives in sheltered accommodation but has someone from a local organisation come in to help her with her shopping and cleaning (although the woman doesn't seem to do any cleaning) at a cost of £100/mth

Mother doesn't have any specific health condition

Caller and husband take her out and about and visit almost every day and wondered if there is any support for them

Carers Allowance is mentioned – the criteria and the value
Mother is not receiving any of the qualifying benefits
Premium is also mentioned – criteria and benefit of having it

Community Care Assessment – purpose and how to access – help with cleaning, mobility and other aspects of day to day living

Does the local organisation that provides the assistance with shopping provide benefit advice?
As they might be useful when completing the form.
May also be able to do a full benefit check for mother.

Attendance Allowance is mentioned – criteria explained. Caller thinks Mother might be eligible.
Information on how to get the AA1 form is given.

Caller says that this is all very useful to as she is worried because things seem to have changed in the last 18 months – mother is less mobile, has fallen a couple of times and is no longer as independent.

Has mother received a Community Care Assessment?

Not for over almost 18 months.
Explained that if changes in circumstances then worth asking for a new one.

Explained how to ask for
Community Care Assessment.
Social Services details given.
Details of local services given.
Telecare mentioned – what it is and
how it can be used.

Mother has recently had a fire and
caller felt that this was dangerous.

Carers Assessment mentioned –
what it is, how to ask for one.
Details of Social Services contact
given.
Coping with emergencies
mentioned – local scheme.

Local Carers Organisation mentioned
– contact details given.

Local Age Concern mentioned and
contact details given.

Direct Payments mentioned – what
they are, how they can be used
and how to apply are all covered.

CARER SUPPORT PROGRAMME 2011

Location	January	February	March	APRIL	May	June	July	August	September	October	November	December
BRIDGWATER	18,25	1,8							7,14,21,28			
BURNHAM		17,24	3,10									
Chard			8,15,22,29							6,13,20,27		
Frome						14,28	5,12					
Minehead						13,20,27	4					
Taunton	17,24,31	7			9,16,23,30				19,26	3,10	3,10,17,24	
Wells							7,14,21,28					
Wincanton					11,18,25	1				17,24,31	7	
Yeovil			7,14,21,28								1,8,15,22	
Carers Reunion						Monday 13						

Week 1 – Introduction & The Carer’s Role	Week 2 – First Aid & Preventing Falls
Week 3 – Safer Moving and Handling, Continence & Benefits	Week 4 – Dementia & Stress Management

Each course comprises of 4 mornings of 3 hours each – 10.30am – lunch 1 – 1.30pm

To find out more information or book your place, please contact Emily Lang at St John Ambulance Somerset HQ on 01278-726740, email emily.lang@somerset.sja.org.uk or

write to St John Ambulance HQ, St John House, Woodlands Court Business Park, Bristol Road, Bridgwater, TA1 1DH

www.somerset.sja.org.uk

Updated 09/10