

November 2010

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National Association of Primary Care (NAPC) Vision Awards

Having made the most progress in England for engaging with GP practices and for being the driving force behind the development of community based health services in Somerset for the



benefit of patients, WyvernHealth.Com has been announced as the winner of the NAPC Vision Awards 2010 for being the "**Most Advanced Primary Care Clinical Commissioning Group**".

This is fantastic independent recognition for the work WyvernHealth.Com has done over the last year and positions Somerset in the National focus for the transition towards GP Commissioning Consortia.

Annual General Meeting

The board will be asking the membership for a **mandate to be engaged with the LMC in working on the transition arrangements from Practice Based Commissioning to GP Commissioning Consortia**. There will also be opportunities to hear what WyvernHealth.Com has achieved over the last year and to review the feedback we have received from the locality meetings. Finally, there will also be the opportunity to collectively decide on the focus for WH.C over the next six months.

The AGM is being held on Wednesday 17 November 2010, starting at 7.00 pm (Dashboard demonstration and refreshments from 6.15 pm) at Taunton Racecourse. Please Email sue.vowles@wyvernhealth.nhs.uk to reserve your place.

Advice and Guidance Update

The Pilot for **Paediatrics** has proven it can reduce outpatient activity in Musgrove by up to 20 percent. As a consequence, training for Practices in the Taunton locality has taken place and will be completed across the county by Christmas. This is coordinated with the development of the Paediatric Departments in both Yeovil and Taunton to provide the service. **By January 2010** Paediatric Advice and Guidance will be available as a Pan County service.

Advice and Guidance for paediatrics has a negotiated tariff of £160 (60 percent of full tariff) and savings can be realised as well as providing excellent care to patients and families.

Several hospital departments are interested in using Advice and Guidance and **Gynaecology** will be piloted for Taunton, Bridgwater and Minehead practices in November. Further details to follow.

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The White Paper – Consultation is Closed

The Coalition should process and respond to the consultation and develop a Bill during 2011. All indications are that there will be no significant shift in the direction of travel and the NHS Operating Framework released in December will put more substance to the principles surrounding GP Commissioning Consortium and allow more realistic decisions to be made.

Whatever form evolves, the function of Consortia will be to commission work that will deliver the efficiency savings needed to survive the “cold” economic environment of the next few years. The principles of that work are captured in the QIPP programme, (Quality, Innovation, Productivity and Prevention)

The comprehensive spending review has set the NHS a 0.1% real term increase until 2014, not since 1951 has it received such a prolonged and sustained spending squeeze. The Kings Fund uses a phrase “more with the same, not more of the same”.

The necessity is for each Locality (often the same areas as the Federations) in Somerset to start trying to understand its local health needs and match them to the framework that has been evolving over the last nine months. The framework can be obtained from the WH.C Office. The broad categories covered by framework are

1. Shifting settings of care and optimizing urgent care
2. Best Practice Pathways for Long-Term Conditions
3. Optimising Elective care
4. Improving Prescribing
5. Improving Mental Health
6. Improving Learning Disabilities
7. Improving non-clinical productivity
8. Improving Primary Care and Community care

Primary care will be required to generate efficiency savings and that area is covered solely by the LMC and the PCT.

The Framework is supported by the Strategic Health Authority, PCT, local provider Trusts, Somerset Community Health, Local Authority and WyvernHealth.Com. All have been working together and provisional work has been undertaken in all areas. The scale of work is huge. The headline outcome over the next four years for our Health community is a reduction in emergency admissions by 25 percent and a reduction of outpatient appointments by 20 percent.

This work needs to be coordinated and localities in Bridgwater, North Sedgemoor and Mendip are starting to engage in the process. WyvernHealth.Com can help in focusing toward the appropriate workstreams and reduce duplication by sharing any learning. Long Term Conditions has the most momentum behind it because Somerset was the lead PCT for the South West. Bridgwater practices and North Sedgemoor practices are looking at redesigning care and changing the pathways in their localities.

WyvernHealth.Com can help approach the PCT for funding to allow Localities to generate a business plan that links with National and Local support programmes. This is commissioning work. It is possible that opportunity for providing services will fall out of the process and this will give work to Federations.

No consortium will be authorized unless it is shown to be actively engaging in the QIPP process.

The challenge for the whole health community is to deliver all these programmes at scale. Historically we have delivered small projects and not been able to accelerate their expansion. A new culture has to evolve that allows us to work together with patients, clinical teams, third sector and local authority to understand and then crucially deliver new models of care in Somerset.

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Medically Unexplained Symptoms (MUS)

The Mental Health Commissioning team at NHS Somerset are looking for 2 GPs who have an interest in assisting with a small scale project around patients who they feel have Medically Unexplained Symptoms (MUS). The GPs will be asked to identify patients who they feel have MUS and help advise in the design of an appropriate pathway. The patients will be offered support through the Emotional Health and Wellbeing team or secondary care services as appropriate. The project aims to reduce GP appointments for the individuals and commissioners would hope to see a reduction in the use of pain clinics, the project may also reduce prescribing costs for the patients.

If you are interested in assisting with this project, please contact Eleanor Wilson, Mental Health Commissioner at eleanor.wilson@somerset.nhs.uk

RightSteps Update

RightSteps Emotional Health and Well-Being Service was commissioned to deliver psychological treatment services and 9000 patients will have been referred to this community service during its first year which is 30% more than expected.

This service is committed to supporting every individual referred to them which has resulted in them having to take the difficult decision to temporarily suspend self-referrals. This is not in line with the commissioning plan for direct access to this service and WH.C is now reviewing the referral patterns to better understand the demand patterns to ensure a more responsive service is the result.

During this time practices are reminded that they can still refer their patients to this service and a number of care pathways have been developed between Somerset Partnership and Somerset Community RightSteps which can be found at <http://www.wyvernhealth.com/pathways.htm>

As soon as RightSteps is able to resume accepting self-referrals, WH.C will send a communication to all practices.

New Urogynaecological Pathway at Musgrove Park Hospital

Further to the letter circulated about the changes that have been made to the pathway for female patients with mixed picture or stress incontinence, here is some additional information which I hope will assist you when referring into this service.

To access the clinic within the choose and book system look under **Gynaecology**:

Clinic Type: **Urogynaecology / prolapse**

Name: **Stress/mixed picture incontinence service – Musgrove**

NICE guidance recommends that all patients presenting with this picture should be referred through this service. If you have any questions or concerns about this please contact either myself at deborah.mcinerney@tst.nhs.uk or Sandra Spencer at sandra.spencer@tst.nhs.uk . Alternatively we would be very happy to come to the practice and discuss this you and your colleagues directly.

Deborah McInerney

Physiotherapy Services Manager

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Wouldn't it be Great if More of our Long-Term Condition Patients Understood the Health Benefits of Keeping Fit?

Question: How do you motivate people to be active without telling them what to do?

Answer: Motivational Interviewing.

Come along to one of two events being held on 24 and 25 November at East Quay Medical Centre, Bridgwater.

Training Module 1 (three hours) covers physical activity for health, and provides an overview of pathways and an introduction to motivational interviewing (MI), an abridged (but not full) version of the LGM brief intervention.

Training module 2 (1.5 days) develops MI skills. When incorporated with module 1, this module will enable practitioners to provide the full LGM brief intervention.

These training events are part of the new 'Let's Get Moving', physical activity care pathway, a systematic approach to identifying, supporting and guiding adults to become more active and help practitioners to provide brief intervention to guide inactive adults aged 16-74 towards gradually become more active, for the prevention and management of chronic diseases.

Who is the training appropriate for ... anyone who talks to clients one to one about life styles, ie Practice Nurses, Health Visitors, District Nurses, Health Trainers, Active Lifestyle Officers, Physiotherapists, School Nurses.

Please contact **Paula Jackson** on 01935 384072 / paula.jackson@somerset.nhs.uk to book, or **Kay Selman** for any enquiries on 01935 385063 / kay.selman@somerset.nhs.uk Places will be allocated on a first come first serve basis

And Finally.....

As part of WyvernHealth.Com's commitment to respond to feedback. We have recently received feedback that the headline in last month's newsletter (WH.C's Transition from PBC to GPCC) was misleading and has led to some misunderstanding on our position in relation to the development of GP Commissioning Consortia in Somerset, as clarification we would like to confirm as we stated in last month's edition "...we hope to work with practices, the LMC and other key stakeholders in developing the transition process.....It is clear that WyvernHealth.Com as a company limited by guarantee is not a vehicle to become the GPCC organisation for Somerset"

As an advanced primary care clinical commissioning organisation we can share our experience in PBC through the knowledge of your board in the development of the new GPCC. We would ask our AGM for WyvernHealth.Com on behalf of member practices to work with others to be fully engaged in the development of GP Commissioning.

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Dates for your Diary

- **Wednesday 10 November 2010, 2.00 pm until 5.00 pm** (lunch at 1.00 pm) – WH.C is holding a **Leading Meetings and Facilitation Workshop** at the The Mount Somerset Hotel, Lower Henlade, Taunton, Somerset, TA3 5NB, for its Board Members/Management Team and GPs/Practice Managers. **This event is now fully subscribed.**
- **Thursday 11 November 2010, 1.30 pm until 2.30 pm** (refreshments at 1.00 pm) – **North Sedgemoor locality meeting** being held at the Isle of Wedmore Golf Club, Lineage, Lascot Hill, Wedmore, BS28 4QT. Please Email sue.vowles@wyvernhealth.nhs.uk to confirm your attendance at this meeting.
- **Wednesday 17 November 2010, 7.00 pm until approximately 8.30 pm** (buffet available from 6.15 pm) – WH.C is holding its **AGM** at Taunton Racecourse, Orchard Portman, Taunton, TA3 7BL. Please Email sue.vowles@wyvernhealth.nhs.uk to reserve your place.
- **Wednesday 23 November 2010, 6.30 pm until 8.00 pm** (sandwiches and tea/coffee available from 6.00 pm) – **Long-Term Conditions meeting**, Ivel Barbarians Rugby Football Club, Dorchester Road, Yeovil, BA22 9TR. Further information may be obtained from Alison Roswell, NHS Somerset, by email alison.rowswell@somerset.nhs.uk or by telephoning 01935 384060.
- **Wednesday 1 December 2010, 9.30 am until 4.00 pm** – NAPC working in partnership with The Health Consultancy launches GP Commissioning Development Programme; South West Region. Venue: Somerset County Cricket Ground. Cost £25.00 DNA and Parking charges will apply. Register at napc@napc.co.uk
- **Tuesday 7 December 2010, 6.30 pm until 7.30 pm** (refreshments from 6.00 pm) – **Taunton and the Wedge locality meeting** being held at Lyngford House Conference Centre, Selworthy Road, Priorswood, Taunton, TA2 8HD. Please Email sue.vowles@wyvernhealth.nhs.uk to confirm your attendance at this meeting.
- **Thursday 9 December 2010, 1.30 pm until 4.30 pm** (buffet available from 1.00 pm) – WH.C and NHS Somerset are holding a **Prescribing Leads Countywide Meeting** at Lyngford House Conference Centre, Selworthy Road, Priorswood, Taunton, TA2 8HD. Please Email sue.vowles@wyvernhealth.nhs.uk to reserve your place.
- **Tuesday 14 December 2010, 1.30 pm until 2.30 pm** (refreshments from 1.00 pm) – **Mendip locality meeting** being held in the Community Education Centre, Priory Medical Centre, Priory Health Park, Glastonbury Road, Wells, BA5 1XL. Please Email sue.vowles@wyvernhealth.nhs.uk to confirm your attendance at this meeting.
- **Tuesday 14 December 2010, 7.00 pm until 8.00 pm** (refreshments from 6.30 pm) – **South Somerset locality meeting** being held at Hendford Lodge Medical Centre, 74 Hendford, Yeovil, BA20 1UJ. Please Email sue.vowles@wyvernhealth.nhs.uk to confirm your attendance at this meeting.

Deadlines

Outstanding - Practices that have yet to submit their PBC Plans for 2010/11 are asked to send them to sue.vowles@wyvernhealth.nhs.uk (office address shown below). As you know, these plans identify the areas on which practices will be focussing and form part of the PBC LES.

Tuesday 30 November 2010 – practices have been asked to complete and return their PBC Progress Report (Appendix 2 of the PBC LES) to sue.vowles@wyvernhealth.nhs.uk by this date.

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