



Level 2 Services

Referrals from primary care

Type 2 diabetes

- patients with sub optimal glycaemic control, not responding to treatment at level 1
- patients who require insulin initiation (see separate guidance for eligibility)
- patients whose clinical indicators appear to be outside normal parameters

Type 1 diabetes

- patients who are not currently receiving care at level 3 whose care can no longer be achieved optimally at level 1

Desmond Structured Education

Please refer all newly diagnosed patients with Type 2 diabetes for DESMOND (Diabetes Education for Self Management Ongoing and Newly Diagnosed) structured education.

In Somerset, courses are run at regular intervals in different venues around the county. The course lasts for one day and can be booked through Choose & Book. Patients can choose their preferred time and location to attend the course.

Referrals to the specialist nurse clinics can be made through the Choose & Book

Community Diabetes Specialist Nursing and Dietetics Service

Confirmation of diagnosis for those outside normal parameters

Treatment and management planning for patients with sub optimal glycaemic control at Level 1

Patients with a BMI <18 or with complex weight management needs

Insulin initiation

Liaison with community matrons over patients with complex needs

NB **Choose & Book** is the preferred referral method for practices. For other referrers, paper referrals can be sent to:

**Referral Management Centre
Ground Floor, Mallard Court
Express Park, Bristol Road
Bridgwater TA6 4RN
Tel: 01278 727442 Fax: 01278 727431
Email: bms@somerset.nhs.uk**

Referrals from secondary care

Type 1 and 2 diabetes

- stabilised complex cases whose care cannot yet be met at level 1
- patients discharged from in-patient care who require follow-up but not necessary at level 3
- patients on newer therapies for ongoing monitoring
- pre and post pregnancy patients with gestational diabetes or type 2 diabetes whose care can be managed at level 2



Choose & Book

Referrals from Primary Care and others via Choose & Book

Referrals for Diabetic Nurse Specialist Service
Referrals for Desmond Course

Single Point of Access – Mendip Booking Office

Patient activates UBRN number and is offered appointment in whichever area they choose to receive care

